

## Facility Tour Covid-19

Welcome to Mississauga unit of Hyperbaric medicine. During COVID-19 pandemic we offer treatment using monoplace hyperbaric oxygen chambers. Hi my name is Tatiana, I'm one of the hyperbaric technologists here at MO2R. As a new guest of our facility, you might have many questions, so let's go through everything together. We take our patients safety very seriously here and now with COVID-19 affecting our lives it has brought some additional challenges to all of us, so we ask you to be on time for your appointment and inform us immediately of any changes in your status. When you arrive for your appointment the door of the clinic will be unlocked by one of our staff members to let you inside. You will then be asked a few screening questions at the door, and your temperature will be taken as well. You will then be asked to wear a 100% cotton mask that we supply for you. It must remain on your face throughout the whole entire visit with us including the time when you're inside the hyperbaric oxygen chamber. Please remember not to bring any prohibited items, make sure you have no makeup on, no hair gel, no jewelry, no watches. We will provide you with 100% cotton scrubs to wear, so just make sure you wear all cotton undergarments as well for your safety. Once you're changed into your scrubs you will proceed to this area here and one of our medical technologists will prepare you for the treatment. They will check your blood pressure, your heart rate, and any other vital signs that are needed for each individual. The doctor will then assess your readiness and prescribe an individual dive profile for your treatment. So please follow me to one of these chambers here and I'll show you how it works.

Once you're set and ready to go, there are a few things to remember. One of them is the electrical round bracelet. So this thing here is a bracelet you are going to wear on your arm throughout your

whole entire treatment. It's just like that you slide it on and then it plugs into the electrical route and you will be safe. Make sure that this metal plate touches your skin at all times so it's nice and snug and doesn't move up and down. Another thing to remember is the air mask here, so this thing you'll only need if physician prescribes you a specific profile that requires an air break. You will be breathing pure oxygen inside the chamber the whole time. Sometimes depending on your treatment profile you will need an air break or two. So if you are prescribed an air break then you will need to wear this mask on your face only for 5 or 10 minutes depending on your profile again and just keep it snug and tight to your face, that's all you have to do and then we will tell you when to put it on and when to take it off. Very simple. Remember too if you have a bottled water make sure it's plastic not metal, you can bring it inside and just loosen the cap on decompression this way it doesn't over

expand or the lid doesn't pop off. This is all for your safety and like I said this is a very pleasant treatment so you get to enjoy the movie and just relax.

Our knowledgeable staff is there for you if you have any questions. MO2R clinic is continuously disinfected throughout the day for all our patients safety. Please remember to wash your hands and be aware of any surfaces you touch. This is a monoplace hyperbaric oxygen chamber. Once you get on your bed and get comfortable, you will then be slid into this tube which allows you to breathe 100% oxygen under pressure. You will be able to watch a movie of your choice on Netflix, and one of our professional hyperbaric technologists will supervise your treatment throughout the time. Please let us know if you have any questions or concerns. We are committed to your health and safety here. There is always a hyperbaric medical technologist here by your side at all times throughout your whole stay at our facility. You will be scheduled to see our physician when needed. Our whole hyperbaric team welcomes you here, we hope you enjoy your experience. Stay safe and see you soon.